

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	8:00am-9:00am Breakfast 1 9:30am Exercise 10:15am Daily Chronicles and Fish Toss 12:00pm-1:00pm Dinner 2:45pm BINGO 3:00pm Snack/Social Time 3:45pm "Get to Know me" 5:00-6:00pm Supper 6:30pm Stretching	8:00am-9:00am Breakfast 2 9:30am Exercise 10:15am Daily Chronicles and Manicures 12:00-1:00pm Dinner 2:30pm Puzzles 3:00pm Snack/Social Time 3:45pm Games 5:00-6:00pm Supper 6:30pm Stretching	8:00am-9:00am Breakfast 3 9:30am Exercise 10:15am Daily Chronicles and Devotions 12:00-1:00pm Dinner 2:30pm Baking Show by MC Professionals 3:00pm Snack/Social Time 3:45pm Sing-Along 5:00-6:00pm Supper 6:30pm Stretching	8:00am-9:00am Breakfast 4 9:30am Exercise 10:15am Daily Chronicles and Bike Club 12:00-1:00pm Dinner 2:30pm Brain Exercises 3:00pm Snack/Social Time 3:45pm Let's Move Activity 5:00-6:00pm Supper 6:30pm Stretching	8:00am-9:00am Breakfast 5 9:30am Exercise 10:15am Daily Chronicles and Ring Toss 12:00-1:00pm Dinner 2:30pm BINGO 3:00pm Snack/Social Time 3:45pm Classic TV 5:00-6:00pm Supper 6:30pm Stretching	8:00am-9:00am Breakfast 6 9:30am Daily Chronicles and Exercise 10:00am Salon Time 12:00-1:00pm Dinner 2:30pm RA Choice of Activity 3:00pm Snack/Social Time 3:45pm Classic TV 5:00-6:00pm Supper 6:30pm Stretching	
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*Activities Are Subject to Change

Activities Manager: Jennessa Seiler (507-766-0532)