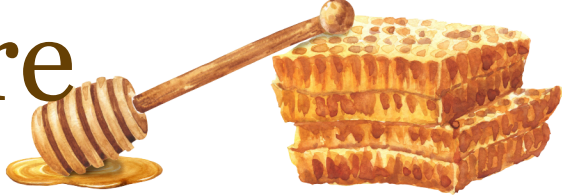


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
23rd Memory Care 		National Hotel Employee Day! 1 8:00am-9:00am Breakfast 9:30am Exercise 10:15am Daily Chronicles and Manicures 12:00-1:00pm Dinner 2:30pm Puzzles 3:00pm Snack/Social Time 3:45pm Games 5:00-6:00pm Supper 6:30pm Stretching	National Blueberry Popsicle Day! 2 8:00am Breakfast 9:30am Exercise 10:15am Daily Chronicles Devotions 12:00pm-1:00pm Dinner 2:30pm Coloring 3:00pm Snack/Social Time 3:45pm Sing-Along 5:00pm-6:00pm Supper 6:30pm Stretching Happy Birthday Harold Windschitl	U.s Bowling League Day! 3 8:00am-9:00am Breakfast 9:30am Exercise 10:15am Daily Chronicles and Bike Club 12:00-1:00pm Dinner 2:30pm Brain Exercises 3:00pm Snack/Social Time 3:45pm Let's Move Activity 5:00-6:00pm Supper 6:30pm Stretching	National Spice Blend Day! 4 8:00am-9:00am Breakfast 9:30am Daily Chronicles and Exercise 10:00am Salon Time 12:00-1:00pm Dinner 2:30pm RA Choice of Activity 3:00pm Snack/Social Time 3:45pm Classic TV 5:00-6:00pm Supper 6:30pm Stretching	National Hummingbird Day! 5 8:00am-9:00am Breakfast 9:30am Daily Chronicles and Exercise 10:00am Salon Time 12:00-1:00pm Dinner 2:30pm RA Choice of Activity 3:00pm Snack/Social Time 3:45pm Classic TV 5:00-6:00pm Supper 6:30pm Stretching
National Coffee Ice Cream Day! 6 8:00am-9:00am Breakfast 9:30am Daily Chronicles and Exercise 10:00am Salon Time 12:00-1:00pm Dinner 2:30pm RA Choice of Activity 3:00pm Snack/Social Time 3:45pm Classic TV 5:00-6:00pm Supper 6:30pm Stretching	National Acorn Squash Day! 7 8:00am-9:00am Breakfast 9:30am Exercise 10:15am Daily Chronicles and Hoop Toss 12:00pm-1:00pm Dinner 2:45pm BINGO 3:00pm Snack/Social Time 3:45pm "Get to Know me" 5:00-6:00pm Supper 6:30pm Stretching Labor Day	National Ants on a Log Day! 8 8:00am-9:00am Breakfast 9:30am Exercise 10:15am Daily Chronicles and Manicures 12:00-1:00pm Dinner 2:30pm Puzzles 3:00pm Snack/Social Time 3:45pm Games 5:00-6:00pm Supper 6:30pm Stretching	Care Bears Share Your Care Day! 9 8:00am-9:00am Breakfast 9:30am Exercise 10:15am Daily Chronicles and Devotions 12:00pm-1:00pm Dinner 2:30pm Coloring 3:00pm Snack/Social Time 3:45pm Sing-Along 5:00pm-6:00pm Supper 6:30pm Stretching	National TV Dinner Day! 10 8:00am-9:00am Breakfast 9:30am Exercise 10:15am Daily Chronicles and Bike Club 12:00-1:00pm Dinner 2:30pm Brain Exercises 3:00pm Snack/Social Time 3:45pm Let's Move Activity 5:00-6:00pm Supper 6:30pm Stretching	National make your Bed Day! 11 8:00am-9:00am Breakfast 9:30am Daily Chronicles and Exercise 10:00am Salon Time 12:00-1:00pm Dinner 2:30pm RA Choice of Activity 3:00pm Snack/Social Time 3:45pm Classic TV 5:00-6:00pm Supper 6:30pm Stretching Rosh Hashanah Begins	National Hug & High 5 Day! 12 8:00am-9:00am Breakfast 9:30am Daily Chronicles and Exercise 10:00am Salon Time 12:00-1:00pm Dinner 2:30pm RA Choice of Activity 3:00pm Snack/Social Time 3:45pm Classic TV 5:00-6:00pm Supper 6:30pm Stretching
National Hug & High 5 Day! 13 8:00am-9:00am Breakfast 9:30am Daily Chronicles and Exercise 10:00am Salon Time 12:00-1:00pm Dinner 2:30pm RA Choice of Activity 3:00pm Snack/Social Time 3:45pm Classic TV 5:00-6:00pm Supper 6:30pm Stretching Grandparents Day	National Cream Filled Donut Day! 14 8:00am-9:00am Breakfast 9:30am Exercise 10:15am Daily Chronicles and Hoop Toss 12:00pm-1:00pm Dinner 2:45pm BINGO 3:00pm Snack/Social Time 3:45pm "Get to Know me" 5:00-6:00pm Supper 6:30pm Stretching	National Voter Registration Day! 15 8:00am-9:00am Breakfast 9:30am Exercise 10:15am Daily Chronicles and Manicures 12:00-1:00pm Dinner 2:30pm Puzzles 3:00pm Snack/Social Time 3:45pm Games 5:00-6:00pm Supper 6:30pm Stretching	May Flower Day! 16 8:00am-9:00am Breakfast 9:30am Exercise 10:15am Daily Chronicles and Devotions 12:00pm-1:00pm Dinner 2:30pm Coloring 3:00pm Snack/Social Time 3:45pm Sing-Along 5:00pm-6:00pm Supper 6:30pm Stretching	National Apple Dumpling Day! 17 8:00am-9:00am Breakfast 9:30am Exercise 10:15am Daily Chronicles and Bike Club 12:00-1:00pm Dinner 2:30pm Brain Exercises 3:00pm Snack/Social Time 3:45pm Let's Move Activity 5:00-6:00pm Supper 6:30pm Stretching	National Cheeseburger Day! 18 8:00am-9:00am Breakfast 9:30am Daily Chronicles and Exercise 10:00am Salon Time 12:00-1:00pm Dinner 2:30pm RA Choice of Activity 3:00pm Snack/Social Time 3:45pm Classic TV 5:00-6:00pm Supper 6:30pm Stretching	National Dance Day! 19 8:00am-9:00am Breakfast 9:30am Daily Chronicles and Exercise 10:00am Salon Time 12:00-1:00pm Dinner 2:30pm RA Choice of Activity 3:00pm Snack/Social Time 3:45pm Classic TV 5:00-6:00pm Supper 6:30pm Stretching Oktoberfest Begins
National Dance Day! 20 8:00am-9:00am Breakfast 9:30am Daily Chronicles and Exercise 10:00am Salon Time 12:00-1:00pm Dinner 2:30pm RA Choice of Activity 3:00pm Snack/Social Time 3:45pm Classic TV 5:00-6:00pm Supper 6:30pm Stretching Yom Kippur Begins	National Pecan Cookie Day! 21 8:00am-9:00am Breakfast 9:30am Exercise 10:15am Daily Chronicles and Hoop Toss 12:00pm-1:00pm Dinner 2:45pm BINGO 3:00pm Snack/Social Time 3:45pm "Get to Know me" 5:00-6:00pm Supper 6:30pm Stretching	Autumnal Equinox! 22 8:00am-9:00am Breakfast 9:30am Exercise 10:15am Daily Chronicles and Manicures 12:00-1:00pm Dinner 2:30pm Puzzles 3:00pm Snack/Social Time 3:45pm Games 5:00-6:00pm Supper 6:30pm Stretching Autumn Begins	National Snack Stick Day! 23 8:00am-9:00am Breakfast 9:30am Exercise 10:15am Daily Chronicles and Devotions 12:00pm-1:00pm Dinner 2:30pm Coloring 3:00pm Snack/Social Time 3:45pm Sing-Along 5:00pm-6:00pm Supper 6:30pm Stretching	National Punctuation Day! 24 8:00am-9:00am Breakfast 9:30am Exercise 10:15am Daily Chronicles and Bike Club 12:00-1:00pm Dinner 2:30pm Brain Exercises 3:00pm Snack/Social Time 3:45pm Let's Move Activity 5:00-6:00pm Supper 6:30pm Stretching	Math Story telling Day! 25 8:00am-9:00am Breakfast 9:30am Daily Chronicles and Exercise 10:00am Salon Time 12:00-1:00pm Dinner 2:30pm RA Choice of Activity 3:00pm Snack/Social Time 3:45pm Classic TV 5:00-6:00pm Supper 6:30pm Stretching Sukkot Begins	National Dumpling Day! 26 8:00am-9:00am Breakfast 9:30am Daily Chronicles and Exercise 10:00am Salon Time 12:00-1:00pm Dinner 2:30pm RA Choice of Activity 3:00pm Snack/Social Time 3:45pm Classic TV 5:00-6:00pm Supper 6:30pm Stretching
National Corned Beef Hash Day! 27 8:00am-9:00am Breakfast 9:30am Daily Chronicles and Exercise 10:00am Salon Time 12:00-1:00pm Dinner 2:30pm RA Choice of Activity 3:00pm Snack/Social Time 3:45pm Classic TV 5:00-6:00pm Supper 6:30pm Stretching	National Strawberry Cream Pie Day! 28 8:00am-9:00am Breakfast 9:30am Daily Chronicles and Exercise 10:00am Salon Time 12:00-1:00pm Dinner 2:30pm RA Choice of Activity 3:00pm Snack/Social Time 3:45pm Classic TV 5:00pm-6:00pm Supper 6:30pm Stretching Happy Birthday Mary Bushard	National Coffee Day! 29 8:00am-9:00am Breakfast 9:30am Exercise 10:15am Daily Chronicles and Manicures 12:00-1:00pm Dinner 2:30pm Puzzles 3:00pm Snack/Social Time 3:45pm Games 5:00-6:00pm Supper 6:30pm Stretching	National Hot Mulled Cider Day! 30 8:00am-9:00am Breakfast 9:30am Exercise 10:15am Daily Chronicles and Devotions 12:00pm-1:00pm Dinner 2:30pm Coloring 3:00pm Snack/Social Time 3:45pm Sing-Along 5:00pm-6:00pm Supper 6:30pm Stretching	September 2026 		

*Activities Are Subject to Change

Activities Manager: Jennessa Seiler (507-766-0532)