

Harmony Suites Calendar, July 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sunday Snack & Social Time Monday Snack & Reminiscing Tuesday Snack & Table Talk Wednesday Coffee & Chit Chat Thursday Snack & Reminiscing Friday Snack & Trivia	Happy Birthday		1 7:00AM Wear Blue 9:00AM 1to1's 10:00AM Baking 11:00AM Joke Time 11:20AM Morning Stretch Walk 2:00PM Old TV 3:45PM You Tube/Sing along	2 7:00AM Wear Stripes 10:00AM Catholic Mass 11:20AM Morning Stretch Walk 1:30PM Gloria Dei Communion 2:00PM Independence/Trivia 3:00PM Snacks & Reminiscing 3:30PM Dice Games	3 7:00AM Wear Red 10:00AM Mens Coffee 11:20AM Morning Stretch/Walk 2:00PM Bingo 3:00PM Snack & Trivia 3:30PM Piano Music/Myron	4 11:20AM Morning Strech/Walk 2:00PM Saturday Matinee 3:00PM Snack/Social Time 3:30PM Table Games 7:00PM Independence Day 7:00PM Wear RW&B
5 7:00AM Wear Stars 10:00AM Gloria Dei Worship TV 11:20AM Morning Strech/Walk 1:30PM Hymns 3:30PM Table Games	6 7:00AM Wear All One Color 9:00AM 1to1's 10:00AM Playing Cards 11:20AM Morning Strech Walk 2:00PM Bingo 3:00PM Snack & Reminiscing 3:30PM Outside Activity	7 7:00AM Pajama Day 9:00AM Manicures 10:00AM Salon Day 11:20AM Morning Stretch/Walk 2:00PM Wheel of Fortune 3:00PM Snack & Table Talk 3:30PM Trivia Tuesday	8 9:00AM 1to1's 10:00AM Baking 11:00AM Joke Time 11:20AM Morning Stretch Walk 1:30PM Bus Outing 2:00PM Old TV 3:45PM You Tube/Sing along	9 10:00AM Catholic Communion 11:20AM Morning Stretch Walk 3:00PM Fruit Kabobs 3:00PM Pina Colada 3:30PM Methodist Serves 3:45PM Dice Games	10 10:00AM Mens Coffee 11:20AM Morning Stretch/Walk 2:00PM Bingo 3:00PM Snack & Trivia 3:30PM Piano Music/Myron	11 11:20AM Morning Strech/Walk 2:00PM Saturday Matinee 3:00PM Snack/Social Time 3:30PM Table Games
12 10:00AM Gloria Dei Worship TV 11:20AM Morning Strech/Walk 1:30PM Hymns 3:30PM Table Games	13 9:00AM 1to1's 10:00AM Playing Cards 11:20AM Morning Strech Walk 2:00PM Bingo 3:00PM Snack & Reminiscing 3:30PM Outside Activity	14 9:00AM Manicures 10:00AM Salon Day 11:20AM Morning Stretch/Walk 2:00PM Cow Appreciation 3:00PM Root Beer Floats 3:30PM Trivia Tuesday	15 7:00AM Hot Dog Day 9:00AM 1to1's 10:00AM Baking 11:00AM Joke Time 11:30AM Picnic Lunch 1:00PM Fishing Trip 2:00PM Old TV 3:45PM You Tube/Sing along	16 10:00AM Catholic Communion 11:20AM Morning Stretch Walk 2:00PM Celebrate the Fair 3:00PM Funnel Cakes 3:00PM Snacks & Reminiscing 3:45PM Dice Games	17 10:00AM Mens Coffee 11:20AM Morning Stretch/Walk 2:00PM Bingo 3:00PM Snack & Trivia 3:30PM Piano Music/Myron	18 11:20AM Morning Strech/Walk 2:00PM Saturday Matinee 3:00PM Snack/Social Time 3:30PM Table Games
19 10:00AM Gloria Dei Worship TV 11:20AM Morning Strech/Walk 1:30PM Hymns 3:30PM Table Games	20 9:00AM 1to1's 10:00AM Playing Cards 11:20AM Morning Strech Walk 2:00PM Bingo 3:00PM Snack & Reminiscing 3:30PM Outside Activity	21 9:00AM Manicures 10:00AM Glamor Shots 10:00AM Salon Day 11:20AM Morning Stretch/Walk 2:00PM Wheel of Fortune 3:00PM Rhubarb Slush 3:30PM Music/Duke Z 10:00PM Glamorous Shots	22 9:00AM 1to1's 10:00AM Baking 11:00AM Joke Time 1:30PM Bus Outing 2:00PM Old TV 3:45PM You Tube/Sing along	23 7:00AM Gorgeous Grandma Day 9:30AM Hearing Aide Clinic 10:00AM Catholic Communion 11:20AM Morning Stretch Walk 1:30PM St. John Service 2:00PM GG Choir 3:00PM Snacks & Reminiscing 3:00PM Lemonade or Ice Tea 3:45PM Dice Games	24 10:00AM Mens Coffee 11:20AM Morning Stretch/Walk 2:00PM Bingo 3:00PM Snack & Trivia 3:30PM Piano Music/Myron	25 11:20AM Morning Strech/Walk 2:00PM Saturday Matinee 3:00PM Snack/Social Time 3:30PM Table Games
26 10:00AM Gloria Dei Worship TV 11:20AM Morning Strech/Walk 1:30PM Hymns 3:30PM Table Games	27 9:00AM 1to1's 10:00AM Playing Cards 11:20AM Morning Strech Walk 2:00PM Bingo 3:00PM Snack & Reminiscing 3:30PM Outside Activity	28 9:00AM Manicures 10:00AM Salon Day 11:20AM Morning Stretch/Walk 2:00PM Games 3:15PM Hammertyme Band 3:30PM Trivia Tuesday	29 9:00AM 1to1's 10:00AM Baking 11:00AM Joke Time 1:30PM Bus Outing 2:00PM Old TV 3:45PM You Tube/Sing along	30 10:00AM Catholic Communion 11:20AM Morning Stretch Walk 2:00PM Cowboy Dave 2:00PM Birthday Party 3:00PM Cake & Ice Cream 3:00PM Snacks & Reminiscing 3:45PM Dice Games	31 10:00AM Mens Coffee 11:20AM Morning Stretch/Walk 2:00PM Bingo 3:00PM Snack & Trivia 3:30PM Piano Music/Myron	

All Activities are subject to change.