November 2026
Harmony Suites Activity Calendar

VistaPrairie at Garnette Gardens

Aspire Life on Purpose

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00- Gloria Dei TV Service 10:00- Catholic Mass TV 11:20- Morning Stretch/Walk 1:30- Movie 3:00- Snack & Chit Chat 3:30- Table Games Coloring & Word Search Daylight Saving Time Ends	2 9:00- 1 to 1's 10:00- Card Playing 11:20- Morning Stretch/Walk 2:00- Bingo 3:00- Snack & Reminiscing 3:30- Noodle Ball	3 Salon Day 9:00- Manicures 11:00- Finish the Phrase 11:20- Morning Stretch/Walk 2:00- Wheel of Fortune 3:00- Snack & Table Talk 3:30- Cliche's	4 National Candy Day 9:00- 1 to 1's 10:00-Catholic Mass 11:20- Morning Stretch/Walk 1:30- Movie & Popcorn 3:00- Snack & Social Time 3:30- YouTube/Sing Along	5 I Love Lucy Day 9:00- I Love Lucy Shows 10:00- Baking 11:20- Morning Stretch/Walk **1:30-Gloria Dei Service** 2:00- Deer Hunting Game 3:00- Snack & Reminiscing 3:30- Dice Games	6 9:00- 1 to 1's 10:00- Men's Coffee 11:20- Morning Stretch/Walk 2:00- Bingo 3:00- Snack & Social Time 3:30- Piano Music/Myron **Wear Flannel**	7 10:00- Old TV 11:20- Morning Stretch 1:30- Saturday Matinee 3:00- Snack/Social Time 3:30- Table Games Coloring & Word Search
8 10:00- Gloria Dei TV Service 10:00- Catholic Mass TV 11:20- Morning Stretch/Walk 1:30- Movie 3:00- Snack & Chit Chat 3:30- Table Games Coloring & Word Search Diwali (Hindi)	9 9:00- 1 to 1's 10:00- Card Playing 11:20- Morning Stretch/Walk 2:00- Bingo **3:00- Nancy's Birthday Treat** 3:30- Ballon Ball **Happy Birthday Nancy!**	10 Salon Day 9:00- Manicures 11:00- Finish the Phrase 11:20- Morning Stretch/Walk 2:00- Thanksgiving Craft 3:00- Snack & Table Talk 3:30- Dice Games	11 9:00- 1 to 1's 10:00- Baking 11:20- Morning Stretch/Walk 1:30- Bus Outing 3:00- Snack & Social Time 3:30- YouTube/Sing Along Veterans Day Remembrance Day (Canada)	12 9:00- 1 to 1's 10:00-Catholic Communion 11:20- Morning Stretch/Walk **2:00- Marv & Carol Nissel/Monthly B-day Party** 3:00- Snack & Reminiscing **3:30-Methodist Service**	13 9:00- 1 to 1's 10:00- Men's Coffee 11:20- Morning Stretch/Walk 2:00- Bingo 3:00- Snack & Social Time 3:30- Piano Music/Myron **Wear Flannel**	14 10:00- Old TV 11:20- Morning Stretch 1:30- Saturday Matinee 3:00- Snack/Social Time 3:30- Table Games Coloring & Word Search
15 10:00- Gloria Dei TV Service 10:00- Catholic Mass TV 11:20- Morning Stretch/Walk 1:30- Movie 3:00- Snack & Chit Chat 3:30- Table Games Coloring & Word Search	16 9:00- 1 to 1's 10:00- Card Playing 11:20- Morning Stretch/Walk 2:00- Bingo 3:00- Snack & Reminiscing 3:30- Beach Ball Fun	17 Salon Day 9:00- Manicures 11:00- Finish the Phrase 11:20- Morning Stretch/Walk 2:00- Wheel of Fortune 3:00- Snack & Table Talk 3:30- Jenga	18 9:00- 1 to 1's 10:00- Baking 11:20- Morning Stretch/Walk 1:30- Bus Outing 3:00- Snack & Social Time 3:30- YouTube/Sing Along	19 World Toilet Day 9:00- 1 to 1's 10:00-Catholic Communion 11:20- Morning Stretch/Walk **1:30-St John's Service** 2:00- GG Choir **3:00- Betty's Birthday Treat** 3:30- Dice Games **Happy Birthday Betty!**	20 9:00- 1 to 1's 10:00- Men's Coffee 11:20- Morning Stretch/Walk 2:00- Bingo **3:00- Leroy's Birthday Treat** 3:30- Piano Music/Myron **Wear Flannel**	21 10:00- Old TV 11:20- Morning Stretch 1:30- Saturday Matinee 3:00- Snack/Social Time 3:30- Table Games Coloring & Word Search **Happy Birthday Leroy!**
22 10:00- Gloria Dei TV Service 10:00- Catholic Mass TV 11:20- Morning Stretch/Walk 1:30- Movie 3:00- Snack & Chit Chat 3:30- Table Games Coloring & Word Search	23 9:00- 1 to 1's 10:00- Card Playing 11:20- Morning Stretch/Walk 2:00- Bingo 3:00- Snack & Reminiscing 3:30- Noodle Ball	24 Salon Day 9:00- Manicures 11:00- Finish the Phrase 11:20- Morning Stretch/Walk 2:00- Turkey Shoot 3:00- Snack & Table Talk 3:30- Jenga	25 9:00- 1 to 1's 10:00- Baking 11:20- Morning Stretch/Walk 1:30- Bus Outing 3:00- Snack & Social Time 3:30- YouTube/Sing Along	26 **Happy Thanksgiving!** Thanksgiving Day (U.S.)	27 9:00- 1 to 1's 10:00- Men's Coffee 11:20- Morning Stretch/Walk 2:00- Bingo 3:00- Snack & Social Time 3:30- Piano Music/Myron **Wear Flannel**	28 10:00- Old TV 11:20- Morning Stretch 1:30- Saturday Matinee 3:00- Snack/Social Time 3:30- Table Games Coloring & Word Search
29 10:00- Gloria Dei TV Service 10:00- Catholic Mass TV 11:20- Morning Stretch/Walk 1:30- Movie 3:00- Snack & Chit Chat 3:30- Table Games Coloring & Word Search **Happy Birthday Penny!**	30 9:00- 1 to 1's 10:00- Card Playing 11:20- Morning Stretch/Walk 2:00- Bingo **3:00- Penny's Birthday Treat** 3:30- Balloon Ball					