

July 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			9:00 Exercise Video (Exercise Room) 1 9:30 Coffee & Social (Junction) 10:30 Exercises w/Shannon (Gathering Place) 1:00 Foodie Club w/Shannon (Junction) 3:00 Art Class w/Shannon (Gathering Place) 6:00 Cribbage (Rum River Lounge)	9:00 Exercise Video (Exercise Room) 2 9:30 Coffee & Social (Rum River Patio) 10:30 Exercises w/Shannon (Gathering Place) 1:00 Crafts w/Shannon (Junction) 2:00 Passport to Spanish w/Shannon (Junction) 3:00 Yard Games (Rum River Patio)	9:00 Exercise Video (Exercise Room) 3 9:30 Coffee & Social (Bistro Cafe) 10:30 Exercises w/Shannon (Gathering Place) 3:00 Happy Hour BOMBPOP FLOATS (Rum River Patio)	 9:00 Tai Chi for Beginners video (Exercise Room) 4 9:30 Coffee & Social (Bistro) 2:00 Board Games (Rum River Lounge) 3:00 Movie: Comedy (Junction)
9:00 Virtual Church Service (Junction) 5 2:00 Matinee (Gathering Place) 3:00 Bridge Game (Ambassador Room)	9:00 Silver Sneakers (Exercise Room) 6 9:30 Coffee & Social (Bistro Cafe) 2:00 Bible Study (Ambassador Room) 6:00 Movie & Popcorn (Gathering Place) 6:30 Movie & Popcorn Viewer Choice (Junction)	9:00 Exercise Video (Exercise Room) 7 9:30 Coffee & Social (Rum River Patio) 10:00 Curana Health Info Session (Rum River Lounge) 10:30 Exercises w/Shannon (Gathering Place) 1:00 Bus Outing: COMO ZOO TRIP	9:00 Exercise Video (Exercise Room) 8 9:30 Coffee & Social (Junction) 10:00 Catholic Communion Service (Rum River Lounge) 10:30 Exercises w/Shannon (Gathering Place) 1:00 Foodie Club w/Shannon (Junction) 3:00 Art Class w/Shannon (Gathering Place) 6:00 Cribbage (Rum River Lounge)	9:00 Exercise Video (Exercise Room) 9 9:30 Coffee & Social (Rum River Patio) 10:30 Exercises w/Shannon (Gathering Place) 12:40 Twins Game (Junction) 1:00 Crafts w/ Shannon (Junction) 2:00 New Neighbor Welcome Gathering (Bistro)	9:00 Exercise Video (Exercise Room) 10 9:30 Coffee & Social (Bistro Cafe) 10:30 Cardio Drumming w/Shannon (Exercise Room) 1:00 Gardening Club w/Shannon (Rum River Patio) 1:30 Games w/Shannon (Rum River Lounge) 3:00 Happy Hour- Trivia (Rum River Patio)	9:00 Tai Chi for Beginners video (Exercise Room) 11 9:30 Coffee & Social (Bistro) 2:00 Board Games (Rum River Lounge) 3:00 Movie: Comedy (Junction)

*Programs may occasionally change to best meet resident interest and community needs *Please sign up for bus outings and trips

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 Virtual Church Service (Junction) 2:00 Matinee (Gathering Place) 3:00 Bridge Game (Ambassador Room)	12 9:00 Silver Sneakers (Exercise Room) 9:30 Coffee & Social (Bistro Cafe) 10:30 Exercises w/Shannon (Gathering Place) 1:00 Bus Outing: Walmart 2:00 Bible Study (Ambassador Room) 3:00 Bingo (Gathering Place) 6:00 Movie & Popcorn (Gathering Place) 6:30 Movie & Popcorn Viewer Choice (Junction)	13 9:00 Exercise Video (Exercise Room) 9:30 Coffee & Social (Rum River Patio)	14 9:00 Exercise Video (Exercise Room) 9:30 Coffee & Social (Junction) 10:30 Exercises w/Shannon (Gathering Place) 1:00 Foodie Club w/Shannon (Junction) 3:00 Art Class w/Shannon (Gathering Place) 6:00 Cribbage (Rum River Lounge)	15 9:00 Exercise Video (Exercise Room) 9:30 Coffee & Social (Rum River Patio) 10:30 Exercises w/Shannon (Gathering Place) 1:00 Crafts w/ Shannon (Junction) 2:00 Passport to Spanish w/Shannon (Junction) 3:00 Yard Games (Rum River Patio)	16 9:00 Exercise Video (Exercise Room) 9:30 Coffee & Social (Bistro Cafe) 10:30 Exercises w/Shannon (Gathering Place) 1:00 Gardening Club w/Shannon (Rum River Patio) 1:30 Games w/Shannon (Rum River Lounge) 3:00 Happy Hour & Live Music (Rum River Patio) Beach Comber Bob SUMMER VIBES DAY (wear your favorite island/summer attire)	17 9:00 Tai Chi for Beginners video (Exercise Room) 9:30 Coffee & Social (Bistro) 2:00 Board Games (Rum River Lounge) 3:00 Movie: Comedy (Junction)
18 9:00 Virtual Church Service (Junction) 2:00 Matinee (Gathering Place) 3:00 Bridge Game (Ambassador Room)	19 9:00 Silver Sneakers (Exercise Room) 9:30 Coffee & Social (Bistro Cafe) 10:30 Exercises w/Shannon (Gathering Place) 12:00 Bus Outing: Fleetfarm 1:30 Emergency Operation Plan (Junction) 2:00 Bible Study-(Ambassador Room) 3:00 Bingo-(Gathering Place) 6:00 Movie & Popcorn (Gathering Place) 6:30 Movie & Popcorn Viewer Choice (Junction)	20 9:00 Exercise Video (Exercise Room) 9:30 Coffee & Social (Rum River Patio) 10:30 Exercises w/Shannon (Gathering Place) 1:00 Bus Outing: Planetarium	21 9:00 Exercise Video (Exercise Room) 9:30 Coffee & Social (Junction) 10:00 Catholic Communion Service (Rum River Lounge) 10:30 Exercises w/Shannon (Gathering Place) 1:00 Foodie Club w/Shannon (Junction) 3:00 Art Class w/Shannon (Gathering Place) 6:00 Cribbage (Rum River Lounge)	22 9:00 Exercise Video (Exercise Room) 9:30 Coffee & Social (Rum River Patio) 10:00 Fraud/Scam Education - hosted by Village Bank (Junction) 1:00 Crafts w/ Shannon (Junction) 2:00 Passport to Spanish w/Shannon (Junction) 3:00 Community Service Project (Bistro)	23 9:00 Exercise Video (Exercise Room) 9:30 Coffee & Social (Bistro Cafe) 10:30 Cardio Drumming w/Shannon (Exercise Room)) 1:00 Gardening Club w/Shannon (Rum River Patio) 1:30 Games w/Shannon (Rum River Lounge) 3:00 Happy Hour- Comedy (Rum River Patio) 4:30 Bus Outing: St. Francis Car Cruise	24 9:00 Tai Chi for Beginners video (Exercise Room) 9:30 Coffee & Social (Bistro) 2:00 Board Games (Rum River Lounge) 3:00 Movie: Comedy (Junction)
25 9:00 Virtual Church Service (Junction) 2:00 Matinee (Gathering Place) 3:00 Bridge Game (Ambassador Room)	26 9:00 Silver Sneakers (Exercise Room) 9:30 Coffee & Social (Bistro Cafe) 10:30 Exercises w/Shannon (Gathering Place) 1:00 Bus Outing: Lunch @ Lake George Regional Park 2:00 Bible Study-(Ambassador Room) 3:00 Bingo-(Gathering Place) 6:00 Movie & Popcorn (Gathering Place) 6:30 Movie & Popcorn Viewer Choice (Junction)	27 9:00 Exercise Video (Exercise Room) 9:30 Coffee & Social (Rum River Patio) 10:30 Exercises w/Shannon (Gathering Place) 1:00 Bus Outing: Minnesota Institute of Arts	28 9:00 Exercise Video (Exercise Room) 9:30 Coffee & Social (Junction) 10:30 Exercises w/Shannon (Gathering Place) 1:00 Foodie Club w/Shannon (Junction) 3:00 Art Class w/Shannon (Gathering Place) 6:00 Cribbage (Rum River Lounge)	29 9:00 Exercise Video (Exercise Room) 9:30 Coffee & Social (Rum River Patio) 10:30 Exercises w/Shannon (Gathering Place) 12:40 Twins Game (Junction) 1:00 Resident Council Meeting (Gathering Place) 2:00 Food Chat w/Chef Ben (Bistro) 3:00 Passport to Spanish w/Shannon (Junction)	30 9:00 Exercise Video (Exercise Room) 9:30 Coffee & Social (Bistro Cafe) 10:30 Exercises w/Shannon (Gathering Place) 1:00 Gardening Club w/Shannon (Rum River Patio) 1:30 Games w/Shannon (Rum River Lounge) 3:00 Happy Hour & Live Music (Rum River Patio) Roy Holdren July Birthday Celebration	31 

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