

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# January 2026



<p>- Daily News in Lobby 4 7:30 - Breakfast 9:30 - Sunday Church Service 10:30 - Daily Chronicle Reading 10:45 - Morning exercise 11:00 - Transition / Hand Wash 11:30 - Lunch</p>	<p>- Daily News in Lobby 5 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Stretch with Nature Sounds Morning: - Bus ride with Anthony 11:00 - Transition / Hand wash 11:30 - Lunch</p>	<p>- Daily News in Lobby 6 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise Morning: 11:00 Pet Therapy 11:00 Transition/ hand washing 11:30 - Lunch 1p Bethel Communion</p>	<p>- Daily News in Lobby 7 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise Morning: Staff activity of choice 11:00 - Transition / Hand wash 11:30 - Lunch</p>	<p>- Daily News in Lobby 1 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 -Stretch with Nature Sounds Morning: NEW YEARS DAY 11:00 - Transition / Hand wash 11:30 - Lunch</p>	<p>- Daily News in Lobby 2 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise Morning: kick ball and noddle ball 11:00 - Transition / Hand wash 11:30 - Lunch</p>	<p>- Daily News in Lobby 3 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise Morning: -Nail and Hair day 11:00 - Transition / Hand wash 11:30 -Lunch</p>
<p>- Daily News in Lobby 11 7:30 - Breakfast 9:30 - Sunday Church Service 10:30 - Daily Chronicle Reading 10:45 - Morning exercise 11:00 - Transition / Hand Wash 11:30 - Lunch</p>	<p>- Daily News in Lobby 12 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise Morning: Bus Ride with Rita 11:00 - Transition / Hand wash 11:30 - Lunch</p>	<p>- Daily News in Lobby 13 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise Morning: Singalong / Hair day 11:00 Transition/ hand washing 11:30 - Lunch</p>	<p>- Daily News in Lobby 14 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise Morning: Bake day 11:00 - Transition / Hand wash 11:30 - Lunch</p>	<p>- Daily News in Lobby 15 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise Morning Chit Chat with Ginna 11:00 - Transition / Hand wash 11:30 - Lunch</p>	<p>- Daily News in Lobby 16 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise Morning: Bingo kick ball 11:00 - Transition / Hand wash 11:30 - Lunch</p>	<p>- Daily News in Lobby 17 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise Morning: -Games and social time 11:00 - Transition / Hand wash 11:30 - Lunch</p>
<p>- Daily News in Lobby 18 7:30 - Breakfast 9:30 - Sunday Church Service 10:30 - Daily Chronicle Reading 10:45 - Morning exercise 11:00 - Transition / Hand Wash 11:30 - Lunch</p> <p>Activity Professionals Week</p>	<p>- Daily News in Lobby 19 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise Morning: - Bus ride with Anthony 11:00 Transition/ handwashing 11:30 lunch</p> <p>Martin Luther King Jr. Day</p>	<p>- Daily News in Lobby 20 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise Morning: Staff activity of choice 11am Pet Therapy 11:00 - Transition / Hand wash 11:30 - Lunch</p>	<p>- Daily News in Lobby 21 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise Morning: Sing along /Hair care 11:00 - Transition / Hand wash 11:30 - Lunch</p>	<p>- Daily News in Lobby 22 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:30 Catholic mass 9:45 - Morning exercise Morning: paint class</p>	<p>- Daily News in Lobby 23 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise Morning: Coffee Social 11:00 - Transition / Hand wash 11:30 - Lunch</p>	<p>- Daily News in Lobby 24 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise Morning: Arts and crafts 11:00 - Transition / Hand wash 11:30 - Lunch</p>
<p>- Daily News in Lobby 25 7:30 - Breakfast 9:30 - Sunday Church Service 10:30 - Daily Chronicle Reading 10:45 - Morning exercise 11:00 - Transition / Hand Wash 11:30 - Lunch</p> <p>Australia Day (Observed)</p>	<p>- Daily News in Lobby 26 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise Morning: Bus Ride with Rita 11:00 - Transition / Hand wash 11:30 - Lunch</p>	<p>- Daily News in Lobby 27 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise Morning: Coffee social and Crafts 11:30 - Lunch</p>	<p>- Daily News in Lobby 28 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise Morning: Nail care /Hair care 11:00 - Transition / Hand wash 11:30 - Lunch</p>	<p>- Daily News in Lobby 29 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:30 Catholic mass 9:45 - Morning exercise Morning: Happy hour brunch</p>	<p>- Daily News in Lobby 30 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise Morning: Bingo kick ball 11:00 - Transition / Hand wash 11:30 - Lunch</p>	<p>- Daily News in Lobby 31 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise Morning: Coffee Social 11:00 - Transition / Hand wash 11:30 - Lunch</p>