

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			- Daily News in Lobby 1 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise Morning: Staff activity of choice 11:00 - Transition / Hand wash 11:30 - Lunch Canada Day	- Daily News in Lobby 2 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 -Stretch with Nature Sounds Morning: Coffee social and Crafts 11:00 - Transition / Hand wash 11:30 - Lunch Jane sing along	- Daily News in Lobby 3 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise Morning: kick ball and noddle ball 11:00 - Transition / Hand wash 11:30 - Lunch	- Daily News in Lobby 4 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise Morning: Craft & watermelon 11:00 - Transition / Hand wash 11:30 -Lunch Fourth of July
- Daily News in Lobby 5 7:30 - Breakfast 9:30 - Sunday Church Service 10:30 - Daily Chronicle Reading 10:45 - Morning exercise 11:00 - Transition / Hand Wash 11:30 - Lunch	- Daily News in Lobby 6 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Stretch with Nature Sounds Morning: Boat Ride & fish 11:00 - Transition / Hand wash 11:30 - Lunch	- Daily News in Lobby 7 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise Morning: Hair and nail care 11:00 Transition/ hand washing 11:30 - Lunch -Bike rides Weather permitted	- Daily News in Lobby 8 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise Morning: Lets get crafty 11:00 - Transition / Hand wash 11:30 - Lunch	- Daily News in Lobby 9 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise Morning: Out door games/Bike Ride coffee and snack social 11:30 - Lunch	- Daily News in Lobby 10 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise Morning Hang man and Bingo 11:00 - Transition / Hand wash 11:30 - Lunch	- Daily News in Lobby 11 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise Morning: Arts and Crafts 11:00 - Transition / Hand wash 11:30 - Lunch
- Daily News in Lobby 12 7:30 - Breakfast 9:30 - Sunday Church Service 10:30 - Daily Chronicle Reading 10:45 - Morning exercise 11:00 - Transition / Hand Wash 11:30 - Lunch	- Daily News in Lobby 13 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise Morning: Bus Ride with Rita 11:00 - Transition / Hand wash 11:30 - Lunch	- Daily News in Lobby 14 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise Morning: Court yard Coffee social Singalong 11:00 Pet Therapy 11:30 - Lunch Bastille Day	- Daily News in Lobby 15 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise Morning: Sing along /Hair care 11:00 - Transition / Hand wash 11:30 - Lunch	- Daily News in Lobby 16 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise Morning Chit Chat with Ginna 11:00 - Transition / Hand wash 11:30 - Lunch	- Daily News in Lobby 17 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise Morning: Bingo/kick ball 11:00 - Transition / Hand wash 11:30 - Lunch	- Daily News in Lobby 18 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise Morning: -Games and social time 11:00 - Transition / Hand wash 11:30 - Lunch
- Daily News in Lobby 19 7:30 - Breakfast 9:30 - Sunday Church Service 10:30 - Daily Chronicle Reading 10:45 - Morning exercise 11:00 - Transition / Hand Wash 11:30 - Lunch	- Daily News in Lobby 20 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise Morning: Boat ride & fish 11:00 Transition/ handwashing 11:30 lunch	- Daily News in Lobby 21 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise Morning: Parachute/ Noodle ball 11:00 - Transition / Hand wash 11:30 - Lunch	- Daily News in Lobby 22 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise Morning: Nail care /Hair care 11:00 - Transition / Hand wash 11:30 - Lunch	- Daily News in Lobby 23 7:30 - Breakfast 9:30 - Daily Chronicle Reading Morning 9:30 Catholic mass 9:45 - Morning exercise 11:00 - Transition / Hand wash 11:30 - Lunch	- Daily News in Lobby 24 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise Morning: Coffee Social 11:00 - Transition / Hand wash 11:30 - Lunch	- Daily News in Lobby 25 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise Morning: Arts and crafts 11:00 - Transition / Hand wash 11:30 - Lunch
- Daily News in Lobby 26 7:30 - Breakfast 9:30 - Sunday Church Service 10:30 - Daily Chronicle Reading 10:45 - Morning exercise 11:00 - Transition / Hand Wash 11:30 - Lunch	- Daily News in Lobby 27 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise Morning: Bus Ride with Rita 11:00 - Transition / Hand wash 11:30 - Lunch	- Daily News in Lobby 28 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise Morning: Court yard Coffee social 11:00 Pet Therapy 11:30 - Lunch	- Daily News in Lobby 29 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise Morning: Nail care /Hair care 11:00 - Transition / Hand wash 11:30 - Lunch	- Daily News in Lobby 30 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise Morning Mid morning walk outside Paint Class 11:00 - Transition / Hand wash 11:30 - Lunch	- Daily News in Lobby 31 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise Morning: Coffee Social 11:00 - Transition / Hand wash 11:30 - Lunch	

Vista Prairie At Copperleaf AM Activity Calendar