

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 October 2026 October 2026				- Daily News in Lobby 1 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 -Stretch with Nature Sounds 10:00 - Coffee social and Crafts 10:45am- visit from Jane and Friends 11:00 -Transition / Hand Wash 11:30 - Lunch	- Daily News in Lobby 2 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise 10:00 - Arts, Crafts, and Music 10:30am- Devotion and Singalong AL Learning Room 11:00 - Transition / Hand wash 11:30 - Lunch	- Daily News in Lobby 3 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise 10:00- Spa Day (hair, nails, etc.) 11:00 - Transition / Hand wash 11:30 -Lunch
- Daily News in Lobby 4 7:30 - Breakfast 9:30 - Sunday Church Service 10:30 - Daily Chronicle Reading 10:45 - Morning exercise 11:00 - Transition / Hand Wash 11:30 - Lunch	- Daily News in Lobby 5 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Stretch with Nature Sounds 10:00- Bus ride with Anthony 10:30am- Devotion and Singalong AL Learning Room 11:00 - Transition / Hand wash 11:30 - Lunch	- Daily News in Lobby 6 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise 10:00- Spa Day (hair, nails, etc.) 11:00 Pet therapy 11:30 - Lunch -Bike rides Weather permitted	- Daily News in Lobby 7 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise 10:00 - Large Motor Games 11:00 - Transition / Hand wash 11:30 - Lunch	- Daily News in Lobby 8 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise 10:00 - Cards/Games/Bingo 11:00 - Transition / Hand Wash 11:30 - Lunch	- Daily News in Lobby 9 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise 10:00 - Arts, Crafts, and Music 10:30am- Devotion and Singalong AL Learning Room 11:00 - Transition / Hand wash 11:30 - Lunch	- Daily News in Lobby 10 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise 10:00 - Spa day (hair, nails, etc.) 11:00 - Transition / Hand wash 11:30 - Lunch
- Daily News in Lobby 11 7:30 - Breakfast 9:30 - Sunday Church Service 10:30 - Daily Chronicle Reading 10:45 - Morning exercise 11:00 - Transition / Hand Wash 11:30 - Lunch	- Daily News in Lobby 12 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise 10:30am- Devotion and Singalong AL Learning Room 11:00 - Transition / Hand wash 11:30 - Lunch	- Daily News in Lobby 13 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise 10:00 - Spa Day (hair, nails, etc.) 11:00 - Transition / Hand Wash 11:30 - Lunch	- Daily News in Lobby 14 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise 10:00 - Wacky Wednesday Games/Baking 11:00 - Transition / Hand wash 11:30 - Lunch	- Daily News in Lobby 15 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise 9:30 - Chit Chat with Ginna 11:00 - Transition / Hand wash 11:30 - Lunch	- Daily News in Lobby 16 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise 10:00 - Arts, Crafts, and Music 10:30am- Devotion and Singalong AL Learning Room 11:00 - Transition / Hand wash 11:30 - Lunch	- Daily News in Lobby 17 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise 10:00 - Spa Day (hair, nails, etc.) 11:00 - Transition / Hand wash 11:30 - Lunch
- Daily News in Lobby 18 7:30 - Breakfast 9:30 - Sunday Church Service 10:30 - Daily Chronicle Reading 10:45 - Morning exercise 11:00 - Transition / Hand Wash 11:30 - Lunch	- Daily News in Lobby 19 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise 10:00 - Bus Ride with Anthony 10:30am- Devotion and Singalong AL Learning Room 11:00 - Transition / Hand wash 11:30 - Lunch	- Daily News in Lobby 20 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:30- Golden Boutique in AL Lobby 9:45 - Morning exercise 10:00 - Spa Day (hair, nails, etc.) 11:00 - Transition / Hand Wash 11:30 - Lunch	- Daily News in Lobby 21 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise 10:00 - Large Motor Games/Baking 11:00 - Transition / Hand wash 11:30 - Lunch	- Daily News in Lobby 22 7:30 - Breakfast 9:30 Catholic mass in SS Activity Room 10:30 - Morning exercise 11:00 - Transition / Hand wash 11:30 - Lunch	- Daily News in Lobby 23 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise 10:00 - Arts, Crafts, and Music 10:30am- Devotion and Singalong AL Learning Room 11:00 - Transition / Hand wash 11:30 - Lunch	- Daily News in Lobby 24 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise 10:00 - Spa Day (hair, nails, etc.) 11:00 - Transition / Hand wash 11:30 - Lunch
- Daily News in Lobby 25 7:30 - Breakfast 9:30 - Sunday Church Service 10:30 - Daily Chronicle Reading 10:45 - Morning exercise 11:00 - Transition / Hand Wash 11:30 - Lunch	- Daily News in Lobby 26 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise 10:30am- Devotion and Singalong AL Learning Room 11:00 - Transition / Hand wash 11:30 - Lunch	- Daily News in Lobby 27 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise 10:00 - Spa Day (hair, nails, etc.) 11:00 - Transition / Hand Wash 11:30 - Lunch	- Daily News in Lobby 28 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise 10:00 - Large Motor Games/Baking 11:00 - Transition / Hand wash 11:30 - Lunch	- Daily News in Lobby 29 7:30 - Breakfast 9:30 Catholic mass in AL Learning Room 10:30 - Morning exercise 11:00 - Transition / Hand wash 11:30 - Lunch	- Daily News in Lobby 30 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise 10:00 - Arts, Crafts, and Music 10:30am- Devotion and Singalong AL Learning Room 11:00 - Transition / Hand wash 11:30 - Lunch	- Daily News in Lobby 31 7:30 - Breakfast 9:30 - Daily Chronicle Reading 9:45 - Morning exercise 10:00 - Spa Day (hair, nails, etc.) 11:00 - Transition / Hand wash 11:30 - Lunch

Halloween

Vista Prairie At Copperleaf AM Activity Calendar