

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



February 2026

Happy February Birthdays To:

2/5 Kay, 2/11 Bucco and 2/12 Pauline 😊

“Once you choose hope, anything’s possible” ~ Christopher Reeves

1 8:00 Breakfast 12:00 Lunch 5:00 Supper <small>Tu B'Shevat Begins</small>	2 Groundhog Day 8:00 Breakfast 9:30 Balloons 10:30 Spiritual Connections 11:00 News & Trivia 12:00 Lunch 1:00 Sing A Long 2:30 Refreshments/Social 5:00 Supper <small>Groundhog Day</small>	3 8:00 Breakfast 9:30 Chair Exercises 10:30 Sing A Long 12:00 Lunch 1:00 Spaceman! Word Game 2:30 Refreshments/Social 5:00 Supper	4 8:00 Breakfast 9:30 Balloons 10:30 One on One 12:00 Lunch 1:00 Uno Game 2:30 Refreshments/Social 5:00 Supper	5 8:00 Breakfast 9:30 Peace in the Valley Singers 10:30 Gametime 12:00 Lunch 1:00 Fingerprint heart art 2:30 Refreshments/Social 5:00 Supper	6 8:00 Breakfast 9:30 Balloons 10:30 Bingo 12:00 Lunch 1:00 Women's Spa Day 2:30 Celebrate February Birthdays/Refreshments/Social 5:00 Supper	7 8:00 Breakfast 12:00 Lunch 5:00 Supper
8 Super Bowl 8:00 Breakfast 12:00 Lunch 5:00 Supper	9 8:00 Breakfast 9:30 Balloons 10:30 Spiritual Connections 11:00 News & Trivia 12:00 Lunch 1:00 Piano with Beth 2:30 Refreshments/Social 5:00 Supper	10 8:00 Breakfast 9:30 Chair Exercises 10:30 Sing Along Spaceman! Word Game 12:00 Lunch 1:00 Spaceman! Word Game 2:30 Refreshments/Social 5:00 Supper	11 8:00 Breakfast 9:30 Balloons 10:30 One on One 12:00 Lunch 1:00 Uno Game 2:30 Refreshments/Social 3:30 Music with Emily 5:00 Supper	12 8:00 Breakfast 9:30 Chair Yoga 10:30 Book Club 12:00 Lunch 1:00 Celery flower stamping 2:30 Refreshments/Social 5:00 Supper	13 8:00 Breakfast 9:30 Balloons 10:30 Bingo 12:00 Lunch 1:00 Women's Spa Day 2:30 Refreshments/Social 5:00 Supper	14 Happy Valentine's Day 8:00 Breakfast 12:00 Lunch 5:00 Supper <small>Valentine's Day</small>
15 8:00 Breakfast 12:00 Lunch 5:00 Supper	16 8:00 Breakfast 9:30 Balloons 10:30 Spiritual Connections 11:00 News & Trivia 12:00 Lunch 1:00 Piano with Beth 2:30 Refreshments/Social 5:00 Supper <small>Presidents' Day (U.S.)</small>	17 Mardi Gras/Fat Tuesday 8:00 Breakfast 9:30 Chair Exercises 10:30 Sing Along Spaceman! Word Game 12:00 Lunch 1:00 Spaceman! Word Game 2:30 Refreshments/Social 5:00 Supper <small>Ramadan Begins Mardi Gras Chinese New Year (Year of the Horse)</small>	18 Ash Wednesday 8:00 Breakfast 9:30 Balloons 10:30 One on One 12:00 Lunch 1:00 Uno Game 2:30 Refreshments/Social 5:00 Supper	19 8:00 Breakfast 9:30 Chair Yoga 10:30 Gametime Crafts: Paper art 12:00 Lunch 1:00 Crafts: Paper art 2:30 Refreshments/Social 5:00 Supper	20 8:00 Breakfast 9:30 Balloons 10:30 Bingo 12:00 Lunch 1:00 Women's Spa Day 2:30 Refreshments/Social 5:00 Supper	21 8:00 Breakfast 12:00 Lunch 5:00 Supper
22 8:00 Breakfast 12:00 Lunch 5:00 Supper	23 8:00 Breakfast 9:30 Balloons 10:30 Spiritual Connections 11:00 News & Trivia 12:00 Lunch 1:00 Piano with Beth 2:30 Refreshments/Social 5:00 Supper	24 8:00 Breakfast 9:30 Chair Exercises 10:30 Sing Along Spaceman! Word Game 12:00 Lunch 1:00 Spaceman! Word Game 2:30 Refreshments/Social 5:00 Supper	25 8:00 Breakfast 9:30 Balloons 10:30 One on One 12:00 Lunch 1:00 Uno Game 2:30 Refreshments/Social 3:30 Music with Emily 5:00 Supper	26 8:00 Breakfast 9:30 Chair Yoga 10:30 Book Club Crafts: Painting 12:00 Lunch 1:00 Crafts: Painting 2:30 Refreshments/Social 5:00 Supper	27 8:00 Breakfast 9:30 Balloons 10:30 Bingo 12:00 Lunch 1:00 Women's Spa Day 2:30 Refreshments/Social 5:00 Supper	28 8:00 Breakfast 12:00 Lunch 5:00 Supper