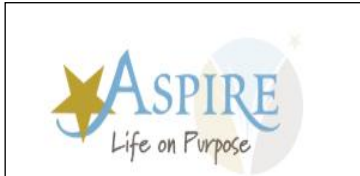


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>October 2026</h1> <p><i>“October is a time to reset, recharge, and renew – let’s make it count”</i></p>				1 8:00 Breakfast 9:30 Peace in the Valley 10:30 Spiritual Service 12:00 Lunch 2:00 Sensory Time 3:00 Refreshments 5:00 Dinner	2 8:00 Breakfast 9:30 Balloon Exercise 10:30 Spa time with music 12:00 Lunch 1:30 BINGO 2:30 Happy Hour 5:00 Dinner	3 8:00 Breakfast 12:00 Lunch 5:00 Dinner Simchat Torah Begins
Dolly’s Birthday! 4 8:00 Breakfast 12:00 Lunch 5:00 Dinner	5 8:00 Breakfast 9:30 Balloon Exercise 10:30 Dolly’s Birthday Party! 12:00 Lunch 1:30 Piano with Beth 2:30 Refreshments 5:00 Dinner	6 8:00 Breakfast 9:30 Chair Exercise 10:30 Craft Time 12:00 Lunch 1:00 Trivia 2:30 Refreshments 5:00 Dinner	7 8:00 Breakfast 9:30 Beach Ball Exercise 10:30 Sing a long 12:00 Lunch 1:00 Movie & puffcorn 2:30 Refreshments 5:00 Dinner	8 8:00 Breakfast 9:30 Chair Exercise 10:30 Spiritual Service 12:00 Lunch 2:00 Sensory Time 3:00 Refreshments 5:00 Dinner	9 8:00 Breakfast 9:30 Balloon Exercise 10:30 Spa time with music 12:00 Lunch 1:30 BINGO 2:30 Happy Hour 3:15 Music by Rudy R 5:00 Dinner	10 8:00 Breakfast 11:00 Music with Jenny 12:00 Lunch 5:00 Dinner
11 8:00 Breakfast 12:00 Lunch 5:00 Dinner	12 8:00 Breakfast 9:30 Balloon Exercise 10:30 Indigenous Appreciation 12:00 Lunch 1:30 Piano with Beth 2:30 Refreshments 5:00 Dinner 	13 8:00 Breakfast 9:30 Chair Exercise 10:30 Craft Time 12:00 Lunch 1:00 Trivia 2:30 Refreshments 5:00 Dinner	14 8:00 Breakfast 9:30 Beach Ball Exercise 10:30 Sing a long 12:00 Lunch 1:00 Movie & puffcorn 2:30 Refreshments 5:00 Dinner	15 8:00 Breakfast 9:30 Chair Exercise 10:30 Spiritual Service 12:00 Lunch 2:00 Sensory Time 3:00 Refreshments 5:00 Dinner	16 8:00 Breakfast 9:30 Balloon Exercise 10:30 Spa time with music 12:00 Lunch 1:30 BINGO 2:30 Happy Hour 5:00 Dinner	17 8:00 Breakfast 12:00 Lunch 5:00 Dinner
18 8:00 Breakfast 12:00 Lunch 5:00 Dinner	19 8:00 Breakfast 9:30 Balloon Exercise 10:30 Laughter Basket 12:00 Lunch 1:30 Piano with Beth 2:30 Refreshments 5:00 Dinner	20 8:00 Breakfast 9:30 Chair Exercise 10:30 Craft Time 12:00 Lunch 1:00 Trivia 2:30 Refreshments 5:00 Dinner	21 8:00 Breakfast 9:30 Beach Ball Exercise 10:30 Sing a long 12:00 Lunch 1:00 Movie & puffcorn 2:30 Refreshments 5:00 Dinner	22 8:00 Breakfast 9:30 Chair Exercise 10:30 Spiritual Service 12:00 Lunch 2:00 Sensory Time 3:00 Refreshments 5:00 Dinner	23 8:00 Breakfast 9:30 Balloon Exercise 10:30 Spa time with music 12:00 Lunch 1:30 BINGO 2:30 Happy Hour 5:00 Dinner	24 8:00 Breakfast 11:00 Music with Jenny 12:00 Lunch 5:00 Dinner
8:00 Breakfast 12:00 Lunch 5:00 Dinner 	25 8:00 Breakfast 9:30 Balloon Exercise 10:30 Laughter Basket 12:00 Lunch 1:30 Piano with Beth 2:30 Refreshments 5:00 Dinner	26 8:00 Breakfast 9:30 Chair Exercise 10:30 Craft Time 12:00 Lunch 1:00 Trivia 2:30 Refreshments 5:00 Dinner	27 8:00 Breakfast 9:30 Beach Ball Exercise 10:30 Sing a long 12:00 Lunch 1:00 Movie & puffcorn 2:30 Refreshments 5:00 Dinner	28 8:00 Breakfast 9:30 Chair Exercise 10:30 Spiritual Service 12:00 Lunch 2:00 Sensory Time 3:00 Halloween Party! 5:00 Dinner	29 8:00 Breakfast 9:30 Balloon Exercise 10:30 Spa time with music 12:00 Lunch 1:30 Haunted BINGO 2:10 Happy Hour 3:10 Music with Diane Z 5:00 Dinner	30 8:00 Breakfast 12:00 Lunch 5:00 Dinner  8:00 Breakfast 12:00 Lunch 5:00 Dinner Halloween